

## Is Something "Bugging" You? -- Parasites and Fungi

### *The Parasites Quiz*

If you answer "yes" to 3 or more of the following questions, you have an 80% probability of having parasites. You may order the Parasite Elimination Program from Acacia Whole Health's web site, or contact the office at (303) 504-0772 for an appointment.

1. Do you prefer meat or fish uncooked, cooked rare, or medium rare?  
 Yes       No
2. Do you use the same cutting board for chicken, fish, or meat as you use for vegetables?  
 Yes       No
3. Do you have pets?  
 Yes       No
4. Have you traveled outside of the United States?  
 Yes       No
5. Do you have acne, anorexia, anemia, PMS, bad breath, chronic fatigue, food intolerances, sinus congestion, difficulty in breathing, bloody stools, ringing in the ears, anal itching, puffy eyes, palpitations, abdominal discomfort, or vertigo?  
 Yes       No
6. Do you suffer from diarrhea or constipation, intermittent loose and hard stools?  
 Yes       No

*Compliments of:*

### **Acacia Whole Health**

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Is Something "Bugging" You? -- Parasites and Fungi

*The Fungi Quiz*

If you answer "yes" to 3 or more of the following questions, you have an 80% probability of having fungi. You may order the Fungus Elimination Program from Acacia Whole Health's web site, or contact the office at (303) 504-0772 for an appointment.

- 1. Have you ever taken any "broad spectrum" antibiotic drug?  
 Yes       No
  
- 2. Are you sensitive to perfumes, insecticides, or other chemicals?  
 Yes       No
  
- 3. Have you ever had athlete's foot, "jock itch," and/or fungus infections of the skin or nails?  
 Yes       No
  
- 4. Do you crave sugar?  
 Yes       No
  
- 5. Do you experience abdominal pain, constipation, diarrhea, or bloating?  
 Yes       No
  
- 6. Do you often experience drowsiness, irritability, headaches, frequent mood swings, lack of coordination, dizziness, or inability to concentrate?  
 Yes       No

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